

DR. GABOR MATÉ

human development through the lens of science and compassion

INTRODUCTION

A renowned speaker, and bestselling author, Dr. Gabor Maté is highly sought after for his expertise on a range of topics.

Dr. Maté is available for various kinds of media opportunities including video, podcasts, television. He can be interviewed via phone, email, Skype and in person.

Dr. Maté regularly appears in the media and is generally booked well in advance. We recommend that you contact us at least several weeks in advance of your proposed interview. Please note that preference is given to those media opportunities that provide the greatest possible audience. Please complete the media request form [here](#). If your request is urgent, please contact: clare@drgabormate.com

TOPICS

ADDICTION

MIND / BODY HEALTH

PARENTING & CHILDHOOD
DEVELOPMENT

AD(H)D

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CONTACT

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SHORT BIOGRAPHY

A renowned speaker, and bestselling author, Dr. Gabor Maté is highly sought after for his expertise on a range of topics, from addiction to mind-body wellness. Rather than offering quick-fix solutions to these complex issues, Dr. Maté weaves together scientific research, case histories, and his own insights and experience to present a broad perspective that enlightens and empowers people to promote their own healing and that of those around them.

As an author, Dr. Maté has written several bestselling books including the award-winning *In the Realm of Hungry Ghosts: Close Encounters with Addiction*. His works have been published internationally in twenty languages.

Dr. Maté is the co-founder of [Compassion for Addiction](#), a new non-profit that focusses on addiction. He is also an advisor of *Drugs over Dinner*.

Dr. Maté has received the Hubert Evans Prize for Literary Non-Fiction; an Honorary Degree (Law) from the University of Northern British Columbia; an Outstanding Alumnus Award from Simon Fraser University; and the 2012 Martin Luther King Humanitarian Award from Mothers Against Teen Violence. He is an adjunct professor in the Faculty of Criminology, Simon Fraser University.

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LONG BIOGRAPHY

A renowned speaker, and bestselling author, Dr. Gabor Maté is highly sought after for his expertise on a range of topics including addiction, stress and childhood development. Rather than offering quick-fix solutions to these complex issues, Dr. Maté weaves together scientific research, case histories, and his own insights and experience to present a broad perspective that enlightens and empowers people to promote their own healing and that of those around them.

For twelve years Dr. Maté worked in Vancouver's Downtown Eastside with patients challenged by hard-core drug addiction, mental illness and HIV, including at Vancouver's Supervised Injection Site. With over 20 years of family practice and palliative care experience and extensive knowledge of the latest findings of leading-edge research, Dr. Maté is a sought-after speaker and teacher, regularly addressing health professionals, educators, and lay audiences throughout North America and internationally.

As an author, Dr. Maté has written several bestselling books including the award-winning *In the Realm of Hungry Ghosts: Close Encounters with Addiction*; *When the Body Says No: The Cost of Hidden Stress* (published in the United States as *When the Body Says No: Exploring the Stress-Disease Connection*); and *Scattered Minds: A New Look at the Origins and Healing of Attention Deficit Disorder* (published in the United States as *Scattered: How Attention Deficit Disorder Originates and What you Can Do About It*), and co-authored *Hold on to Your Kids*. His works have been published internationally in twenty languages.

Dr. Maté is the co-founder of [Compassion for Addiction](#), a new non-profit that focusses on addiction. He is also an advisor of *Drugs over Dinner*. Dr. Maté has received the Hubert Evans Prize for Literary Non-Fiction; an Honorary Degree (Law) from the University of Northern British Columbia; an Outstanding Alumnus Award from Simon Fraser University; the 2012 Martin Luther King Humanitarian Award from Mothers Against Teen Violence; and the 2012 AccolAIDS award for Health Promotion and Harm Reduction, Positive Living Society of B.C.. He is an adjunct professor in the Faculty of Criminology, Simon Fraser University.

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LIST OF TALKS

When The Body Says No: Mind/Body Unity and the Stress-Disease Connection.

The Hungry Ghost: A Biopsychosocial Perspective on Addiction, from Heroin to Workaholism.

Beyond The Medical Model: A Biopsychosocial View of Attention Deficit Disorder and Other Childhood Developmental Disorders.

Peer Orientation: Why Children are Stressed, Why Parents and Teachers are Disempowered and How To Restore a Healthy Balance in Adult-Child Relationships.

The Biology of Loss: What Happens When Attachments Are Impaired and How To Foster Resilience.

Toxic Culture: How Materialistic Society Makes Us Sick.

RECENT AUDIENCES

- TEDx Rio
- Center for Integrative Medicine, Medical School, University of Arizona
- **The Adler School of Professional Psychology**
- New York Mental Health Association
- Association for the Advancement of Restorative Medicine
- American Family Therapy Association
- Alberta Health Services
- Ottawa Institute of Mental Health
- Ontario Association of Social Workers
- Omega Institute
- Kripalu Center for Yoga & Health
- Association for Prenatal & Perinatal Psychology

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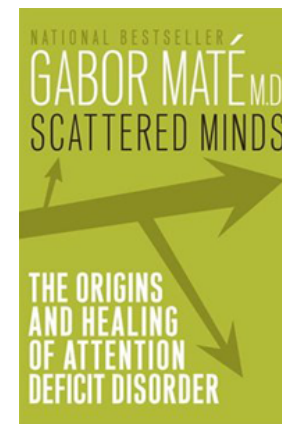
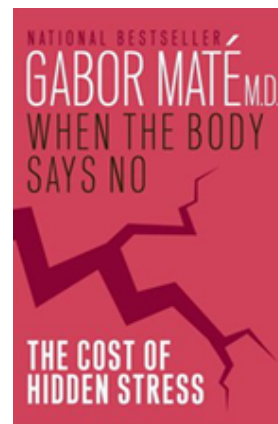
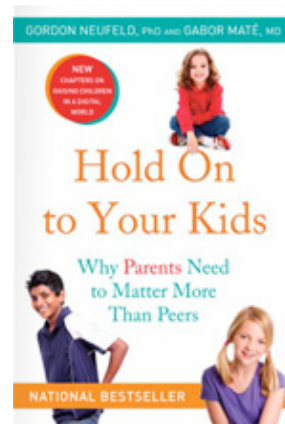
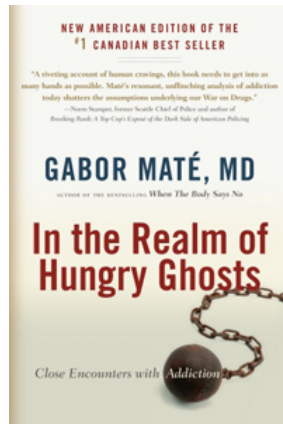
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DR. MATÉ'S BEST-SELLING BOOKS



In the US these titles are published as *When the Body Says No: Exploring the Stress-Disease Connection*, and *Scattered: How Attention Deficit Disorder Originates and What you Can Do About It*.

Click [here](#) for more details on each book, including excerpts and reviews.

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MEDIA & NEWS

[Dr. Maté speaks at TEDx Rio+20 >](#)

[Dr. Maté interviewed on CBC Radio's The Current. >](#)

[Dr. Maté featured in CBC TV's documentary The Jungle Prescription. >](#)

[Dr. Maté interviewed on Pacifica Radio's Democracy Now! >](#)

[Dr. Maté's award-winning and bestselling book In the Realm of Hungry Ghosts is now available as an audiobook. >](#)

Dr. Maté's writing has appeared in such publications as The Globe and Mail, The Vancouver Sun, The Huffington Post and YES Magazine.

Articles and interviews featuring Dr. Maté have appeared on Democracy Now, CBC and NPR.

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For all media enquiries, please contact:

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250.479.0826

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“Gabor Maté’s connections – between the intensely personal and the global, the spiritual and the medical, the psychological and the political – are bold, wise and deeply moral.”

Naomi Klein, Author & Award-winning Journalist

“Maté’s resonant, unflinching analysis of addiction today shatters the assumptions underlying our War on Drugs.”

Norm Stamper, Retired Former Police Chief of Seattle & Member, Law Enforcement Against Prohibition

“Gabor Maté is a common-sense doctor and truth-teller. By looking at causes and their effects, he helps you find your way home.”

Jamie Lee Curtis, “Author, Activist, Alcoholic”

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